

NANCE APPLIANCE

What does it do?

This is a passive appliance designed to prevent upper molars from moving forward after Headgear, Wilsons or any other molar distalizing appliance has been worn.

What does my appliance look like?

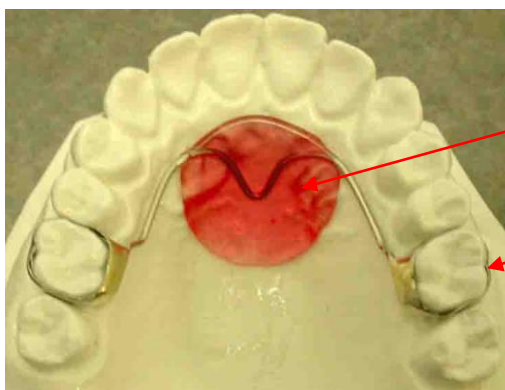
- Constructed with two bands cemented onto the upper first permanent molars.
- On the tongue side of the bands, a wire is attached that runs along the roof of the mouth from one band to the other.
- An acrylic pad or button surrounds the wire on the roof of the mouth just behind the upper front teeth.

How long will I wear the appliance?

- This appliance is cemented in place so it will remain in the mouth at all times.
- Treatment length will vary with each individual case and complexity. Your orthodontist will keep you informed as to your progress.

What are my responsibilities for a successful treatment?

- It is normal for your teeth to feel sore for a few days. You may take an anti-inflammatory (Ibuprofen) as needed to help you adjust.
- Avoid any hard, sticky foods or food high in sugar while appliance is in place.
- It is important that you clean your teeth and appliance thoroughly after eating including all bands and the plastic pad on the roof of the mouth.
- Check your bands daily to make sure it is still cemented in place and nothing has come loose.
- Please contact our office should your appliance become bent, loose, breaks or if it is lost.



Acrylic Pads

Bands