

QUAD APPLIANCE

What does it do?

This upper arch expansion appliance uses light force that allows the dental arch only to expand.

What does my appliance look like?

- There are two molar bands fitted on the top six year molars.
- It is comprised of four quad helix loops and two wire extensions that are soldered to those bands on the tongue side.

How long will I wear the appliance?

- This appliance is cemented in place so it will remain in the mouth at all times.
- It may need to be removed, adjusted, and then recemented on occasion to allow the orthodontist to make adjustments.
- Treatment length will vary with each individual case and complexity. Your orthodontist will keep you informed as to your progress.

What are my responsibilities for a successful treatment?

- It is normal for your teeth to feel sore for a few days and after each adjustment. You may take an anti-inflammatory (Ibuprofen) as needed to help you adjust.
- Avoid any hard, sticky foods and food high in sugar while appliance is in place.
- It is important that you clean your teeth and appliance thoroughly after eating including all bands, loops, and arm extensions of your appliance.
- Check your bands daily to make sure it is still cemented in place and nothing has come loose.
- Please contact our office should your appliance become bent, loose, breaks or if it is lost.

