

## FORSUS APPLIANCE

### What does it do?

This is a fixed appliance that moves the upper molars back and the lower arch forward. The appliance is usually placed when a patient is wearing braces and is may be farther along in treatment. This addition to the braces is designed to correct the overbite.

### What does my appliance look like?

- This appliance consists of a rod attached the lower archwire and a spring coil attached to the upper first molar band.



### How long will I wear the appliance?

- This appliance is attached to the braces so it will remain in the mouth at all times.
- Treatment length will vary with each individual case and complexity. Your orthodontist will keep you informed as to your progress.

### What are my responsibilities for a successful treatment?

- It is normal for your teeth to feel sore for a few days and after each adjustment. You may take an anti-inflammatory (Ibuprofen) as needed to help you adjust.
- You may experience some tissue discomfort. The cheeks and the inside of the lower lip may become sore from the coil rubbing. You will be given cotton rolls to place in between the lower lip and the coil to relieve discomfort. **DO NOT SLEEP** with cotton rolls in place!
- At first, it will probably feel awkward to chew and bite down with the appliance. The springs are only guides to teach your jaw where to bite. Your bite will adjust as time progresses and you will become more accustomed to your new appliance. **Be patient** – it takes a couple of weeks to feel comfortable with a new appliance.
- Avoid opening your mouth too wide as the rod and spring may come apart. If they do, you may try to reconnect them by opening as wide as you can, then insert the rod back into the spring. If unsuccessful, please contact the office immediately.
- We recommend that you eat softer foods for the first few days and avoid any hard, sticky foods and food high in sugar while appliance is in place.

- It is important that you clean your teeth and appliance thoroughly after eating including all bands, coil springs and all metal parts.
- Check your bands, coil springs and appliance daily to make sure it is still cemented in place and nothing has come loose.
- **It is very important that we see you at least every six weeks** so your orthodontist can monitor your progress. If you miss your regularly scheduled appointment, make sure to schedule another appointment very soon.
- Please contact our office should your appliance become bent, loose, breaks or if it is lost.